

Patient Health Questionnaire-2 (PHQ-2)

PHQ-2

- ▶ Patient-reported outcome
- ▶ First 2 items of the longer PHQ-9
- ▶ Depression screen (not a final diagnosis)
 - Coarse measure of intensity
- ▶ Inquires about the frequency of depressed mood and anhedonia over past 2 weeks
 - Item 1 – anhedonia
 - Item 2 – depressed mood

PHQ-2

Over the past 2 weeks, how often have you been bothered by any of the following problems?

	Not At all	Several Days	More Than Half the Days	Nearly Every Day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3

PHQ-2 Administration Instructions

- ▶ Interviewer-administered measure
- ▶ In person, video, or phone
- ▶ Patient (not proxy)
- ▶ Framing statement to give to patient
 - “Over the last 2 weeks, how often have you been bothered by any of the following problems?”
- ▶ Score range 0-6
 - Major depression concern if score 3-6