

Stroke Impact Scale 16 (SIS 16)

Stroke Impact Scale 16

- ▶ Patient-reported outcome
 - ▶ Assesses physical function after stroke
 - ▶ 16 questions, 4 domains
 - Strength
 - Hand function
 - Mobility
 - Activities of Daily Living
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Stroke Impact Scale 16

In the past 2 weeks, how difficult was it to...	Not difficult at all	A little difficult	Somewhat difficult	Very difficult	Could not do at all
a. Dress the top part of your body?	5	4	3	2	1
b. Bathe yourself?	5	4	3	2	1
c. Get to the toilet on time?	5	4	3	2	1
d. Control your bladder (not have an accident)?	5	4	3	2	1
e. Control your bowels (not have an accident)?	5	4	3	2	1
f. Stand without losing balance?	5	4	3	2	1
g. Go shopping?	5	4	3	2	1
h. Do heavy household chores (e.g. vacuum, laundry or yard work)?	5	4	3	2	1
i. Stay sitting without losing your balance?	5	4	3	2	1
j. Walk without losing your balance?	5	4	3	2	1
k. Move from a bed to a chair?	5	4	3	2	1
l. Walk fast?	5	4	3	2	1
m. Climb one flight of stairs?	5	4	3	2	1
n. Walk one block?	5	4	3	2	1
o. Get in and out of a car?	5	4	3	2	1
p. Carry heavy objects (e.g. bag of groceries) with your affected hand?	5	4	3	2	1

SIS 16 Administration Instructions

- ▶ Interviewer-administered measure
- ▶ In person, video, or phone
- ▶ Patient or proxy
 - Patient if patient can answer
 - Typically patient can answer if they can follow 3 step command or MMSE 16 or higher
- ▶ Framing statement to give to patient
 - “The purpose of this questionnaire is to evaluate how stroke has impacted your health and life. We want to know from **YOUR POINT OF VIEW** how stroke has affected you. We will ask you questions about the physical problems which may have occurred as a result of your stroke.”